

# Klaus Zepuntke - Vortrag

## **Work-Life Integration – Success and health in life and work**

The complex demands of work-life balance have failed. We need to consequently and definitively bid farewell to this concept. Success in life is not achieved by way of a balance that separates areas of our lives but through an integration of Work, Partner-Family-Friends, and Self.

Is the balance of work and life feasible or just wishful thinking? Klaus Zepuntke believes that the complex demands of a work-life balance have failed and therefore a rethinking is necessary. We need to contemplate and consider life in a new way.

More important than the so-called work-life balance is a conscious connection of work, partner-family-friends and self. Success is not achieved by way of balancing what separates but rather what connects: this is Work-Life Integration.

How to achieve this integration, how to be passionate about our work without risking burn-out, and what questions we need to ask ourselves will be addressed in this talk. A "one-size-fits-all-model" is not offered. It is rather about recognizing the simplicity and radicality in simply doing what is essential, and the courage to shape our lives and show who we really are.

By the end of the talk, you will see there are no shortcuts to where your life is calling for change.

# Klaus Zepuntke - Vortrag

## Coach-Speaker-Facilitator



Klaus Zepuntke, executive and personal coach in Europe and North America, has been serving clients for over 35 years in various industries. He accompanies and supports companies in organizational change processes and private clients in personal change processes.

Today his clients benefit directly from the experience he has gained in working internationally across industries. He has developed the ability to “listen” to what is not said and reflect this back to clients. What is not said or what a corporate or private client avoids mentioning often points to the real issue in need of attention. This is not always the same as the issue initially presented.

The KLAZEPT Concept is the basis of his coaching; his clients benefit from his clarity and directness, free of any frills.

Klaus Zepuntke supports his clients in deepening their self-knowledge to enable them to reach their change objectives authentically with sustainable benefits.

Klaus Zepuntke is the founder and managing director of KLAZEPT Coaching & Consulting.

All KLAZEPT services are offered in English and German.

### **For further information please contact KLAZEPT Coaching**

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Klaus Zepuntke

Harkensee 2

22307 Hamburg

T: +49 40 73 44 41 09

M: +49 173 82 66 404

[klaus.zepuntke@klazept.com](mailto:klaus.zepuntke@klazept.com)

[www.klazept.com](http://www.klazept.com)